Subject PSHE – **writing in green is what we do already** –black is what we could add into the curriculum

|  |
| --- |
| Year 1 |
| Summer 1 opportunitiesBeing my best**Lesson 2 – eat well foods dislikes and likes**- introduce foods from other culturesLesson 5 – Harrold learns to ride his bike- bike riding with disabilities  |
| Summer 2 opportunitiesGrowing and changingLesson 2- then and now – children to share their own experience from being a baby. |

|  |
| --- |
| Year 2 |
| Summer 1 opportunities**Lesson 2- my day – discusses the different things people do at the weekend. Church visits- see family , celebrates children’s different hobbies** |
| Summer 2 opportunitiesLesson 6- what does my body do? – explore that not everyone’s bodies can do the same thing. |

|  |
| --- |
| Year 3 |
| Summer 1 opportunitiesLesson 1 – Derek cooks dinner – Derek loves to cook- what is everyone’s favourite meal- explore different cultures mealsLesson 3 – Body team work – explore that not everyone’s body’s react to exercise in the same way**Lesson 4 – for or against - Do people always have the same opinions about what are the best choices****Lesson 5- I am fantastic -Identify children’s achievements and areas of development; Some groups of people don’t get shown on television very often - sometimes this is because of how they look; they don't fit with what TV shows like to show. Make a class list of the groups of people who are often overlooked (missed out) by programme makers. Suggestions will ideally come from the children. [Could include – disabled, ethnic minorities, transgender, women in certain roles, the socially disadvantaged.****Lesson 6- top talents- celebrating others talents – discusses the ways in which we can be talented – not just traditional ways** |
| Summer 2 opportunitiesLesson 1 – the relationship tree= discusses all different types of relationships children may have and with who e.g step families Lesson 2 – body space- discusses personal space boundaries- neuro diverse children may not have the same boundaries. All people have different personal space boundaries.Lesson 5 – my changing body – discusses puberty- we don't all mature at the same pace. |

|  |
| --- |
| Year 4 |
| Summer 1 opportunitiesLesson 1- what makes me me. Identify ways in which everyone is unique; Appreciate their own uniqueness |
| Summer 2 opportunitiesLesson 1 – moving house – could discuss that not everyone will move house, some people have no choice to move for different reasons.Lesson 6 – together- discusses marriage it recognises that marriage includes same sex and opposite sex partners; it also Discusses the reasons why a person would want to be married, or live together, or have a civil ceremony |

|  |
| --- |
| Year 5 |
| Summer 1 opportunitiesLesson 2 – different skills - Identify their own strengths and talents; we all have different strengths and talents |
| Summer 2 opportunitiesLesson 4- growing up and changing bodies- important to discuss we all grow and change at different rates. |

|  |
| --- |
| Year 6 |
| Summer 1 opportunities |
| Summer 2 opportunitiesLesson 1- i look great – celebrating our differences in the way we lookLesson 2- media manipulation- discusses What types of people do we rarely see in the media: different races, girls wearing a hijab, short, larger than size 14, transgender, spotty, disabled, gay or lesbian.] |